



Parent and School FAQs

I am a member of a parent council and each month we sponsor a fun food day at our elementary school. Does the revised Administrative Regulation 3047 cover the foods we serve to our students?

No, the *revised Administrative Regulation 3047* only covers foods and beverages that are served or sold by CBE staff or CBE contracted food service providers to CBE students.

I am a teacher organizing a fundraiser and we want to sell Texas Donuts to our students and staff. Does the revised Administrative Regulation 3047 still apply to this?

Yes, the *revised Administrative Regulation 3047* applies and you would not be able to sell this item as a staff member to CBE students because it would not meet the “Serve Most Often” or “Serve Sometimes” criteria. Please visit the Alberta Nutrition Guidelines for Children and Youth found at:
http://www.healthyalberta.com/Documents/FINAL_Nutrition-Guidelines-AB-2011.pdf

As a parent, do I have to pack items in my child’s lunch that comply with revised Administrative Regulation 3047?

No, the *revised Administrative Regulation 3047* does not apply to lunch or snack items provided by a parent for their child. The *Revised Administrative Regulation 3047* only applies to foods served or sold by CBE staff and CBE contracted food service providers to CBE students.

As a parent, I send cupcakes for every child in the class on my child’s birthday. Would the revised Administrative Regulation 3047 apply to special treats prepared by parents and served by the teacher to the students?

No, the *revised Administrative Regulation 3047* does not apply to cupcakes prepared by parents and served by teachers.

Does the revised Administrative Regulation 3047 apply to sports days or fun food days organized by the school staff?

Yes, the revised Administrative Regulation 3047 applies to these days. The foods would be provided by CBE staff and CBE contracted food service providers served to CBE students. Depending on the grade level of students involved, you would have to select foods and beverages that meet the criteria from the “Choose Most often” or “Choose Sometimes” categories as defined by the Alberta Nutrition Guidelines for Children and Youth found at:

http://www.healthyalberta.com/Documents/FINAL_Nutrition-Guidelines-AB-2011.pdf

I belong to a band-parent association, and we do our annual chocolate almond fundraiser where students are selling to the community. Are we allowed to do this?

Yes, the items are not being sold to CBE students by CBE staff; therefore, you are allowed to do so.

I am a CBE junior high teacher and have a pizza party at the end of basketball season. Would the revised Administrative Regulation 3047 apply to my year end celebration?

You can still have your pizza party celebration. But you should choose your pizza from the approved school restaurant list

(<http://projects.cbe.ab.ca/sss/nutrition/downloadable-files/2011-School-Lunch-Restaurant-List.pdf>). So, yes, the revised Administrative Regulation 3047 would apply and as a CBE staff member serving foods to CBE students you would have to select foods and beverages that meet the criteria from the “Choose Most often” or “Choose Sometimes” categories as defined by the Alberta Nutrition Guidelines for Children and Youth found at: http://www.healthyalberta.com/Documents/FINAL_Nutrition-Guidelines-AB-2011.pdf. If you do choose to purchase pizzas from a different restaurant than one that is approved you would need to ensure that the pizza meets the new criteria.

I am a student and we fundraise for clubs, councils and events by selling chips to other students. Does the revised Administrative Regulation 3047 still apply to this?

Yes, the revised Administrative Regulation 3047 applies and you would not be able to sell the chips to CBE students because it would not meet the “Serve Most Often” or “Serve Sometimes” criteria. This is a school-sponsored sale and the regulation applies. Please visit the Alberta Nutrition Guidelines for Children and Youth found at: http://www.healthyalberta.com/Documents/FINAL_Nutrition-Guidelines-AB-2011.pdf

As a student, if I leave school campus and purchase foods for my lunch do they have to comply with the revised Administrative Regulation 3047?

No, the revised Administrative Regulation 3047 does not apply to lunch or snack items provided by parents or bought by students off school campus. The Revised Administrative Regulation 3047 only applies to foods served or sold by CBE staff to CBE students.

In my classroom, we celebrate program of studies connections with different foods from different cultures. Students choose the food they want to make and parents cook the food with their children at home. Does the revised Administrative Regulation 3047 apply to this event?

No, the *revised Administrative Regulation 3047* does not apply to lunch or snack items provided by a parent for their child. The *Revised Administrative Regulation 3047* only applies to foods served or sold by CBE staff to CBE students.

